

The Fruits of Eden NEWSLETTER

By Citizens of the Nation of Gods and Earths of Savior Cee



Allah's 5%

May 15, 111 AC



April 15, 111 AC

MAY: Master Allah's Why

MASTER ALLAH WHY...WHY NOT? WHY TRY? THE DEVIL WILL TRY... THIS IS THE POWER/REFINEMENT MONTH...AS WE TRAVEL THROUGH THE UNIVERSE ON THIS 25,000 CIPHER, WE FIND OURSELVES IN A SERIOUS PREDICAMENT...OPPRESSION: MENTAL AND PHYSICAL SLAVERY...TO THE DEATH AND POWER. NOT OUR POWER, BUT THE ILLUSION OF POWER HELD BY THOSE WHO TRY TO MASTER ALLAH. THEY ARE WEAK AND WICKED, YET ORGANIZED, MORE COORDINATED THAN WE ARE.... THOSE WHO HOLD THE REAL POWER. WE, WHO HAVE THE POWER TO REFINE OUR THOUGHTS, OUR THINKING, OUR WAYS, AND OUR ACTIONS, WE MUST UNITE THE BODY, ARM, LEG, LEG, ARM, HEAD... COME TOGETHER FOR ONE COMMON CAUSE: UNITY WITH PURPOSE. THE BULL AND THE TWINS, THE FORCE OF THE BLACK AND THE BROWN, MAKE ALLAH YOU...MANIFEST THE POWER OF THE UNIVERSE. THE ORIGINAL POWER IS YOU. CONSCIOUS BLACKNESS...MASTER YOURSELF, BRING FORTH YOUR OWN JUSTICE, WE ARE THE BALANCE OF THE UNIVERSE, MASTER ALLAH'S UNIVERSE, HERE AND NOW... NOW AND FOREVER. PEACE.



-LAHBORN EYELSELF GOD ALLAH

MAY. Master Allah's Why. What is Allah's Why? Allah's Why is the physical structure of Arm Leg Leg Arm Head. The manifestation of the Y Chromosome upon the three dimensional plane of existence. Within this physical structure the One Supreme Universal Mind of self dwells upon the three dimensional plane, which is a limited plane of existence, and all things which have a limitation is subject to corruption if not constantly maintained. Thus, the importance of Mastering Allah's Why. Mastering is not to dominate, it is not to subjugate, b.u.t. it is to embrace and cultivate. Cultivation is a continuous process of refinement through renewed growth and elevation in a positive and productive way. It is through our continued renewed growth and elevation within the supreme science of the Culture of I-God that we find Mastery of Allah's Why. It will manifest itself as self-control of your thoughts, of your words, of your ways and actions, of your life, and ultimately of your destiny. The physical body of the original man is the temple of Allah, and it requires constant maintenance both mentally and physically, or you will leave it open to outside negative forces of energy which will developed into dissatisfied thoughts and social equality and/or someone's religiosity of the culture of I Self Lord And Master (ISLAM). Peace!

- Understanding Self Allah

Adding on...Allah, the Supreme Being, manifests as the Black consciousness of the righteous because divine awareness is not abstract; it is living, thinking, and building in real time.

To cultivate is to grow, refine, and expand and that's exactly what happens when Knowledge of Self is activated. Allah continues to cultivate through the righteous because we are the physical and mental reflection of that divine mind. In every act of building, teaching, raising families, correcting the broken, and loving truthfully, we are Allah in motion.

This cultivation doesn't stop, because righteousness isn't stagnant, it's an ever-evolving duty. The Earth rotates, the universe expands, and the original people continue to rise with it. That's why the righteous are responsible for the refinement of civilization because when we move with wisdom, understanding, and justice, we shape what's around us, the cipher.

Allah is not a mystery! Allah is the truth made manifest through the conscious and disciplined lives of the righteous.

As Black women (Earths, Queens, Mothers of Civilization) you are not included as an afterthought. You are central to the manifestation of Allah! YES, I AM SCREAMING THIS OUT LOUD.

The Black woman is the Earth, the life-sustaining force, the one who receives, nurtures, and multiplies what is planted. Without Earth, there is no growth, no balance, no justice. The righteous Black woman is the reflector of the Supreme Being, the divine balance to the God's mind, and the one through whom nations are literally born and raised.

- You are the wisdom through which knowledge is made known.
- You are a part of the cipher that shapes the environment in which culture grows.
- You are a part of the justice that nurtures truth and corrects what's misaligned.

When Allah continues to cultivate through the righteous, He does so with and through the Black woman because you carry the blueprint of legacy, memory, healing, and divine insight. The world sees the effect of God's presence in how you walk, speak, guide, and build.

You are not separate from Allah's cultivation, you are the living soil where righteousness takes root.

It's important (critical) to say that the Black woman is not separate from Allah's cultivation because, for too long, systems of oppression and even distorted teachings have tried to make the Black woman feel invisible or subordinate to divine power. But in Supreme Understanding, you are not behind God, you are beside God, and within the process of divine creation itself. Peace!

Queen I-Wisdom Understanding Earth



**"AS A MAN THINKS,
SO A MAN IS"**



PEACE TO THE TRUE AND LIVING!! There is truth to the proverb, "As a Man thinks, so a Man is." This speaks directly to the Mind-Body connection. This connection is so profound that We can actually "think" OurSelves unhealthy. The body responds to the Mind's perception of reality and this happens on a cellular level. Fear, sadness, stress, and even pessimistic conversation or storytelling can cause over activation of the amygdala and the adrenal glands. The amygdala is an almond-shaped mass in the brain that is responsible for emotional responses. After detecting the above said threats, either real or imagined, the amygdala triggers the adrenal glands, located on top of each kidney to release the hormones adrenaline and cortisol. Cortisol is naturally released in the body daily and helps regulate blood pressure and heart rate, it metabolizes glucose, and reduces inflammation. If stress, fear, or sadness is always born in the Mind then there can be too much cortisol released in the body. This imbalance makes the body a breeding ground for high blood pressure, irregular heart beat, diabetes, weight gain around the gut and face, and overall dis-ease within. Due to the everyday stress of the Original People just living in the wilderness has historically put Us at a disadvantage. Knowing OurSelves and Understanding the factors that over stimulate Our amygdala is the first step in helping Us control its response. Proper diet, exercise, with meditation and breathing techniques increases that control. Keep in Mind, "Disciplined Mind, disciplined body!" PEACE TO THE TRUE AND LIVING!!

-Prince Blak True God Allah



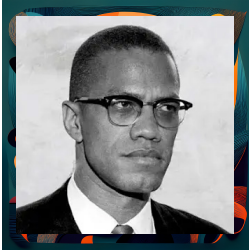
Understanding's Legal Corner

Part 2: The Truth of DEI

What DEI programs are they focused on? Any programs that advocate for African American studies in schools, colleges, and universities. Any programs that level the business field for nonwhites and ensure they are not discriminated against when deciding who will receive government contracts and grants. Any programs which teach America profited from the enslavement of African people. Any programs that depict white people in America in a negative historical view. If it supports anything or anybody that does not support the conservative agenda, it is considered a DEI program and will be attacked. Is it becoming clear what they are trying to conserve with Making America Great Again? Let us not fool ourselves as to what is really going on. All those times they screamed MAKE AMERICA GREAT AGAIN and their constant attack on DEI programs, you did not once ask, which version of America are they using to determine when America was great? Their attack on Diversity, Equity, and Inclusion should help you answer this question. What they are doing today is no different from what they did in the founding years of America. In 1638, after many indentured African servants were released from service, they began to coexist and organize with white indentured servants who had also been released from service, for fair job pay and conditions and for equal treatment as citizens. Many of them even intermarried. The white, male-dominated society (the wealthy elite) saw this as a problem because if blacks were equal to whites, it would mean they would demand the same rights and privileges as whites. This they could not allow. So in 1638, they passed the Doctrine of Exclusion, which many scholars say became the doctrine of racism in America. It was first instituted in the colony of Maryland. This public policy was passed in 1638 to end what was perceived as black people enjoying the fruits of white society...to be continued in our next edition. The full article is online.



Malcolm X: A Life Lesson In Transformative Thought and Living



Born May 19, 1925, Malcolm X's life teaches us of our ability, even in the face of overwhelming odds, to transform our thinking and living from a self-destructive existence to a self-productive one. Prior to his imprisonment, Malcolm live a self destructive life enslaved within the mentality of a negro, a hustler, a player, a pomp, a gangster, and a social parasite. In one form or another, this is the same mentality that too many of us are enslaved in today. We live on in our ignorant bliss, thinking that how we think and live is right, and anything opposite is wrong.

While in prison, Malcolm began to think, but only after he began to read, study, and live the knowledge of self and history. He began to think systematically and critically about the life he was living, the world and his place within it, and the society whose values and beliefs he embraced. He began to question the way things were, and the reality of those questions led him to realize that change in his thinking and in his living was not only possible but necessary. Malcolm awoke to the reality that if he did not transform his thinking and way of living, it would mean a continued life of destruction of himself, his family, and his people, because the choices which he made affected them all. This is the same situation that many original people are in, whether incarcerated or not. They have allowed the gratification of their physical body to guide their thinking and choices. Envy, greed, lust, and hate have become the guiding principles of their daily lives, whether they know or accept it or not. The proof is there. The lack of knowledge of self and history has led them to accept the values and beliefs of a social equality which is rooted in devilishment. Just as with Malcolm, their thinking and way of living are outgrowths of these values and beliefs. Blackness is shunned. Whiteness is embraced. Righteousness is a weakness. Wickedness is a strength. This is the very mental slavery which so many original people have embraced today, some knowingly, others unknowingly. B.U.T. just as Malcolm overcame it, they can also overcome it. First, you must study and learn the knowledge of self and history, and then make the conscious decision (choice) to live out this knowledge as your daily thoughts and way of living. This is Mastering Allah's Why. NOW YOU KNOW. Peace!

- Understanding Self Allah

BREAKING NEWS: VICTORY B.U.T. THE STRUGGLE CONTINUE

CASE UPDATE

NEW
LAW

By: Understanding
Self Allah

In conjunction with the National Office of Cultural Management at Allah School in Mecca, Understanding Self Allah and the Gods and Earths in Savior Cee are advising SCDC officials with the drafting of a policy for recognizing and accommodating NGE cultural practices. Officials report that the process is underway. Once completed, the policy will be shared with institutions, allowing us to hold classes, parliaments, and honor days. We're making progress with support from the best knowers who have successfully completed this process in other states. We will keep you updated. Peace!



Help Reform South Carolina's Parole System: We're advocating for vital reforms to improve the South Carolina Pardon and Parole Board. The current system lacks the necessary mental health expertise, impacting the rehabilitation of inmates and community safety. Please support our petition to:

- Include licensed mental health professionals on the board.
- Create Interim Parole Boards for better case management.

Your voice matters! Sign the petition and help us promote a just and compassionate parole process. Visit <https://chnng.it/Z9n5M5Pxby>



Just Move Universal Outreach

Consolidates post incarceration initiatives comprehensively, in a manner consistent with success. We believe genuine transitional services MUST include these 3 areas:

- Necessities of life which consists of food, clothing, shelter, education, employment and healthcare.
- Prison and social reform.
- Security to at-risk women and their children.

Throughout the Year: Just Move Universal Outreach will be accepting school supplies, canned goods and drinks for the weekly feeding and building of SCDJJ participants and other special programs.

Cashapp:
\$justmoveuniversal
E: justmoveuniversal
@gmail.com
Visit: www.jmuo.org



Upcoming Events

- **Saturday, May 31st:** Parliament in Columbia will be 12-dusk. Commencing at 6524 Shakespeare Road starting at 12. From 2-5 we will meet at Richland Library Main, 2nd floor in rooms M & N. We will travel back to the cipher afterwards. Food, drinks, & fun will be provided. More details are available on our site.
- **Friday-Sunday, June 6-8,** The 55th Annual Show & Prove Weekend in NY.
- **Sunday, June 15th:** Earth's Cipher on Zoom at 2PM (see website for more info.)
- **Wednesday, June 18th:** Star's Corner on Zoom at 6PM (see website for more info.)
- Don't forget to add your name to our registry (Book of Life). To do so, get with a captain, write or email thefruitsofeden@gmail.com. Provide your honorable and righteous name, Enlightener's info, current lesson or completion of 120, Interior or Exterior, Approximately what year did you start your NGE strive, and contact info.

Ongoing Initiatives

- **Fresh fruit Initiative:** Donate fresh fruits for the babies to take home at each event.
- **Read with the babies:** Encouraging the babies to read and write.
- **Walk/Run Initiative:** Get up and move by yourself or with a partner.



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