

# The Fruits of Eden NEWSLETTER

*By Citizens of the Nation of Gods and Earths of Savior Cee*



Allah's 5%

*November 15, 111 AC*

## "Mind Over Manipulation: The Power of Knowing Self"

### "Move With Mind"



**We move too fast, chasing  
what glows,  
Following footprints we don't  
even know.  
What looks like gold may just  
be dust,  
So pause, reflect, rebuild your  
trust.**

**Conscious minds don't follow  
the crowd,  
They stand firm, righteous,  
humble, and proud.  
They see beyond the glitter and  
show,  
They plant where truth and  
purpose grow.**

**Don't move 'cause it's trending,  
move 'cause it's true,  
What's best for them may not  
be best for you.  
Take stock, take time, and take  
your stand,  
Build your house upon solid  
land.**



Peace! We must do what's best for us, not simply follow others because what they're doing looks good. What appears successful for someone else may not be what is right or necessary for us. Consciousness means knowing the difference between what shines and what truly builds.

Too often, we get caught up in what looks good and not in what is good. We chase after the image of progress without checking the ingredients of what we're consuming. Consciousness demands that we pause, reflect, and take stock of what is truly needed for our growth as individuals and as a Nation. We must learn to ask: Is this move righteous? Is it beneficial for the collective, or is it just feeding the illusion of advancement?

When we move without knowledge, we become victims of appearance. We see success in others and think it can be duplicated without understanding the process or purpose behind it. B.u.t. when you are conscious, you realize that not every path is your path. What feeds one may poison another. That's why the foundation is so vital.

Before we can rise, we must secure that foundation built on wisdom, order, and unity. That starts with a solid plan, clear intention, and dependable resources. And the greatest resource of all is righteous, conscious, dedicated people.

We often say, "Anyone can come in the name of," b.u.t. consciousness makes you look beyond the name to see the nature. Too many times, we still let them in even when the energy they bring disrupts our peace. We get caught up in personalities, cliques, and charm, ignoring the disturbance their presence causes.

And then what happens? We fall victim again, consciously. We knew better

b.u.t. didn't move better. That's the most dangerous kind of sleepwalking, being aware of the fire but still walking into the flames.

True consciousness means being aware of the unseen, recognizing patterns, people, and behaviors that don't serve our growth. It means protecting our space, our peace, and our mission from anything that threatens it. We can't afford to keep repeating cycles of destruction just because we didn't want to seem "judgmental." Judgment rooted in truth is discernment, and discernment is a tool of the wise.

If we truly want progress, we have to stop mistaking noise for movement and movement for growth. We must move with purpose, not popularity. We must choose righteousness over recognition. Consciousness is the compass that keeps us from drifting. It reminds us that the strongest Nation is not the one that looks good, it's the one that thinks good, moves good, and builds good.

So, let us stay awake, aware, and aligned. Because when we move with consciousness, we don't just follow the light, we become it! Peace!

*Queen I-Wisdom Understanding Earth*

Peace! He woke, she woke, they woke....stay woke.

From the Oval Office to the prison plantations and everywhere in between, many claim to be woke but are still living in a dream.

To be woke is to be conscious, and to be conscious we must rise from our slumber. In order to do that, we first have to recognize that we are asleep.

Many who claim to be woke are traveling through life with a consciousness that has been given to them by someone else. The powers that be continue daily to teach through their institutions and media, replete with subliminal messages that support their agenda.

As you read their writings, watch their programs, listen to their lyrics, or simply live within their systems, your subconscious mind gathers and stores away information (knowledge) that will likely influence your thoughts and behaviors later in life.

The English language, the status quo, and the impoverished, status-seeking, consumer-driven mindset all stem from socialization, essentially, a nearly imperceptible form of brainwashing. We end up thinking in ways that support the very system that oppresses us. We follow suit to fit snugly into the environment, effectively rendered unable to think independently.

The less you recognize it, the more it is confirmed.

This is why culture is important, culture is group consciousness. It keeps you rooted and prevents you from straying away from civilization.

Ultimately, our perspective toward any objective should reflect an African-centered mindset. Then, and only then, will we truly be and remain woke. Peace.

*Noble Sun Allah*

Peace! This is what Malcolm X was teaching us when he said we must never rely on the enemy to define things for us or define us. This aligns with the second principle of Kwanzaa, Kujichagulia, which means self-determination. Black, woke, God...all of these must be defined by us, for us, as ourselves. That is the only way to ensure that what we teach is truly from us and for our upliftment. Too many of us fall victim to definitions given by the enemy, and those definitions only turn us against our own interests. They turn us into pawns of the enemy, used to promote their version of social equality, one that never includes true liberation for the Original people.

- How many of us call ourselves citizens of America, yet never declare ourselves citizens of the Nation of Gods and Earths?
- How many reject "Black," but readily accept "African American," without understanding the historical confusion behind it?

These are the wrong directions...traps the devil has too many of us caught up in. We all need to be woke...woke to the Knowledge of Self, and woke to the commitment of living that knowledge out daily in a right and exact manner. Woke to who our true enemy is. Woke to What We Teach and What We Will Achieve.

*Understanding Self Allah*

## Star's Corner

"Let's grow, learn, and shine together!"



We are so excited to have you with us! Star's Corner is a safe and joyful space where our children shine through learning, creativity, and culture. Here, we build together just like we are at Parliament or a social equality reading, solving puzzles, exploring history, and celebrating who we are. Parents, thank you for sharing your stars with us. Babies, remember: you are bright, powerful, and loved.



Show Us Your Shine! Did you earn a school award, certificate, or special recognition? Bring those grades home with pride, whether it's A's, B's, or simply showing growth, we want to celebrate YOU!

We also love seeing your creativity in action. Share photos of what you baked, built, or wrote. And don't forget our favorite, grab a book, hold it up high, and snap a picture of yourself reading.

Let's showcase the many ways our babies shine bright by emailing: [thefruitsofeden@gmail.com](mailto:thefruitsofeden@gmail.com)

\*\*\*KEEP SHINING!\*\*\*

At Star's Corner, we believe every child is a star waiting to shine brighter through the power of reading. Our Read & Shine Program encourages children to explore stories that expand their minds, strengthen their character, and connect them to culture and truth. Families are invited to submit reading logs and photos of their reading adventures because every page turned is a step toward brilliance!



### Star Highlight:

This month, Star's Corner proudly shines its light on **Zoey** from Orangeburg, South Carolina, who has earned a well-deserved place on the A+ and Principal's List! Zoey continues to demonstrate excellence in the classroom, strong study habits, and a love for learning that makes her a true Star's Corner scholar. But Zoey is not alone, this recognition extends to ALL of our Star's Corner children who achieved Honor Roll, A/B Honor Roll, Excellent Conduct, Perfect Attendance, Principal's List, and classroom achievements across South Carolina and beyond. Every child who pushed through challenges, stayed committed, improved their grades, or showed leadership and kindness deserves to be celebrated.



### Book Recommendations

#### Ages 4-7: Early Readers

- "I Am Smart, I Am Blessed, I Can Do Anything!" — Alissa Holder & Zulekha Holder-Young
- "Baby Goes to Market" — Atinuke

#### Ages 8-12: Growing Minds

- "The Crossover" — Kwame Alexander
- "The Last Last-Day-of-Summer" — Lamar Giles

#### Ages 13-17: Young Leaders

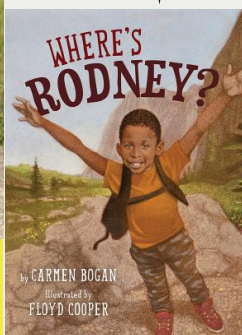
- "Piecing Me Together" — Renée Watson
- "Stamped: Racism, Antiracism, and You" — Jason Reynolds & Ibram X. Kendi

### Author Highlights

Suggested by our Savior Cee Guardian, Kimora:  
Authors- Carmen Bogan and Shana Keller

You can find both books on Amazon and other outlets:

- **Where's Rodney?**
- **Do You Know Them?: Families Lost and Found After the Civil War**



### WORD OF THE MONTH: INTEREST

**Investment** (say it slowly: In-tr-uhst) is money you earn or money you pay. When you save money, the bank pays you interest. When you borrow money, you pay the bank interest. It's like a reward for saving or a fee for borrowing. Interest is one of the most important parts of economics. It affects:

- credit cards, car loans, student loans, savings accounts, investments
- even how much things truly cost over time

Understanding interest now helps you make smarter decisions later so you can avoid big mistakes and build big success.

**SUPREME ALPHABET:** What letter teaches about reward and penalties?

## Queen I-Wisdom Understanding Earth:

**"When you save with purpose, your money grows on its own. That's the power of interest, small seeds growing into big blessings."**

This month we're learning about interest, and interest is a powerful money superpower! Interest is what helps your money grow even when you're not touching it. Imagine planting a tiny seed and coming back later to see a whole plant, that's what happens when you save your money wisely.

So remember, Stars: Every time you save instead of spending right away, you're watering your money seeds. And with patience, wisdom, and good habits, your savings will grow just like you grow, strong, steady, and full of promise.

**"Make choices that help your money grow, not go!"**

### "Star's Savings Quest Maze"

Star is trying to reach his Savings Piggy Bank, but the path isn't easy! There are roadblocks in his way like High Interest Rates and Fees, the same things that can slow down our savings in real life.



### Reflection Questions:

- What happens when you save your money instead of spending it right away?
- Why do you think banks reward people who save?
- How can understanding interest help you in the future?

## "In the "Interest" of!"

Peace, Stars! Let's build on the word interest! Interest is the multiplied return on the things we consistently invest in. When we hear the word interest, we often think about money, but interest is bigger than banking, it teaches us a life lesson: what we pour into, grows and returns back to us multiplied.

When we manage our resources wisely, we practice a kind of budgeting that goes beyond money. Our time, and energy are all valuable seeds. The way we invest them determines what grows in return. Exercising is an investment, the return (interest) is strength, energy, and better health. Making small deposits in the areas that matter in our lives results in a larger interest/return. Are your actions earning positive interest or negative interest? Peace.

**Robert Kiyosaki said, "It's not how much money you make, but how much money you keep, how hard it works for you, and how many generations you keep it for"**

*In His Unique Earth*

### Star's Corner Activity: "Watch It Grow!"

#### What You Need:

- A piggy bank or envelope
- A sheet of paper
- One parent or older sibling to help track



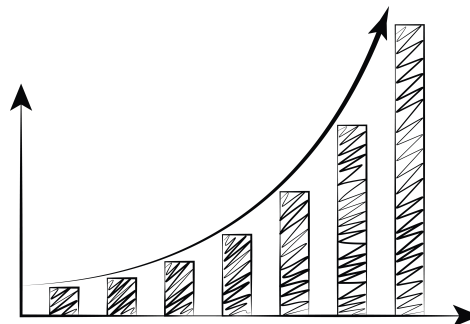
**Step 1:** Give your child \$5 to start (or let them use their own savings).

**Step 2:** Tell them that each week, you will add 10% interest to whatever they saved.  
(For example: If they saved \$5, they earn \$0.50 interest that week.)

**Step 3:** But if they take money out during the week, they lose 10% instead.

#### Step 4: Help them track:

- Week 1 amount
- Interest earned
- Week 2 amount
- Interest earned
- Total growth



#### Goal is to teach them:

- patience
- discipline
- the reward of consistency
- the cost of impulse spending

**Expected Lesson:** "Money grows when you grow, when you control your choices."



## Understanding's Legal Corner



### Understanding Expungements in South Carolina

#### ATTENTION

#### How to Start the Expungement Process

You can begin by:

- Getting a copy of your full SLED criminal record
- Contacting the Solicitor's Office in the county where the charge occurred
- Asking about "Expungement eligibility"
- Completing the required forms
- Paying applicable fees (varies by charge)

Some nonprofits and legal clinics offer reduced or no-cost expungements.

An expungement is a legal process that removes certain criminal charges, arrests, or convictions from your public record. In simple terms, it gives you a clean slate, legally and publicly so that past mistakes, dismissed charges, or wrongful accusations don't continue to haunt you.

Too many of our people don't know their rights, don't know what can be removed, and don't know the impact an old record can have on jobs, housing, education, and even simple background checks. And even worse many don't know that a charge you were cleared of can still show up unless it is formally expunged.

South Carolina is an at-will state with some of the toughest barriers for people who have criminal records even records from situations where the person was innocent. Here's why expungement is crucial: Cleared doesn't mean erased. If you were found not guilty, charges dismissed, or a case dropped, it can STILL show up on background checks unless you file for expungement. This means: You can lose job opportunities, be denied housing or professional licenses, and your reputation can be damaged by something the court already released you from. For more information, visit: <https://www.sccourts.org> and click on resources and view the Expungement Application Process.

#### DID YOU KNOW?



Did you know that the very first self-governed town of formerly enslaved Blacks in the entire United States was right here in South Carolina?

It was called Mitchelville, founded in 1862 on Hilton Head Island long before the end of the Civil War, long before Reconstruction, and long before Black Americans were legally recognized as citizens.

Mitchelville was more than a place. It was a declaration of Black autonomy, a blueprint for self-determination, and a living example of what happens when Original people finally get the space to organize and govern themselves.

Mitchelville stands as a reminder that:

- We have governed before.
- We have built thriving communities before.
- We have grown wealth from the soil before.
- We have led with intelligence, structure, and unity before.

Mitchelville exposes the lie that Black people couldn't succeed without others directing us. We succeeded the moment we were allowed to breathe.

Mitchelville forces us to ask:

- If our ancestors built self-government under war, what stops us now?
- If they organized with no money, no rights, and no safety, what could we accomplish with today's resources?
- What would our communities look like if we governed ourselves based on love, knowledge, and discipline, not outside influence?

Mitchelville is proof that when we move with unity and consciousness, we don't just survive, we build nations.

— Understanding Self Allah

#### "Roots & Remedies"

Tiger nuts have been used for generations as a natural remedy for supporting the body from the inside out.

- Vitamin E, a powerful antioxidant
- Oleic acid, a healthy fat also found in olives
- Plant compounds that fight oxidative stress

Together, these help calm inflammation in the joints, muscles, and tissues. For people dealing with soreness, swelling, or chronic inflammation, tiger nuts act as a gentle, everyday way to soothe the body naturally.

Quick Tip: Soak tiger nuts overnight to soften them and unlock even more nutritional benefits especially for digestion.



PLANET VIBEZ TIGER NUTS ARE IN STOCK

Email [Freshplantedvibez@gmail.com](mailto:Freshplantedvibez@gmail.com) and follow

@PlanetVibez for more herbal blends and holistic wellness tips!



Always consult your doctor before using any herbal or detox product, and do your own research to make sure it's right for you.

**BREAKING NEWS: VICTORY B.U.T. THE STRUGGLE CONTINUE****CASE UPDATE****NEW  
LAW***By: Understanding  
Self Allah*

In conjunction with the National Office of Cultural Management at Allah School in Mecca, Understanding Self Allah and the Gods and Earths in Savior Cee are advising SCDC officials with the drafting of a policy for recognizing and accommodating NGE cultural practices. Officials report that the process is underway. Once completed, the policy will be shared with institutions, allowing us to hold classes, parliaments, and honor days. We're making progress with support from the best knowers who have successfully completed this process in other states. We will keep you updated. Peace!



**Help Reform South Carolina's Parole System:** We're advocating for vital reforms to improve the South Carolina Pardon and Parole Board. The current system lacks the necessary mental health expertise, impacting the rehabilitation of inmates and community safety. Please support our petition to:

- Include licensed mental health professionals on the board.
- Create Interim Parole Boards for better case management.

Your voice matters! Sign the petition and help us promote a just and compassionate parole process. Visit <https://chnng.it/Z9n5M5Pxby>

**Just Move  
Universal  
Outreach**

**Throughout the Year:** Just Move Universal Outreach will be accepting school supplies, canned goods and drinks for the weekly feeding and building of SCDJJ participants and other special programs.

Cash app:  
\$justmoveuniversal  
E: justmoveuniversal  
@gmail.com  
Visit: [www.jmuo.org](http://www.jmuo.org)

**Street Justice  
Reform  
Magazine**

**Precious Jewel Earth:** Our Mission is "Empowering Redemption, Reentry, and Rehabilitation (ER3) is dedicated to providing support and resources to individuals affected by mass incarceration, fostering a pathway to rehabilitation, and advocating for systemic change to combat the cycle of recidivism and promote a more just and equitable society for all." Email [streetjusticepublicationllc@gmail.com](mailto:streetjusticepublicationllc@gmail.com) for more info.

**Upcoming Events**

- **Wednesday, November 19th:** Star's Corner Read & Shine Reminder! We are collecting: Reading Logs – show us the books you've been enjoying, Born Day Shout-Outs, Recognition & Awards – school achievements, certificates, and special accomplishments, Photos – of projects, reading selfies, and shining moments in the community.
- **Sunday, November 30th:** Join us from 3:00 PM to 6:30 PM at The American Legion Hut, 200S Hendrick St, Batesburg-Leesville, SC for Ghodd Sun's Educate to Elevate Youth Summit, dedicated to empowering youth through education, positive guidance, mental health, and self-worth.
- **Saturday, December 13th:** Tentative date for our next Parliament. More details coming soon.
- Don't forget to add your name to our registry (Book of Life). To do so, get with a captain, write or email [thefruitsofeden@gmail.com](mailto:thefruitsofeden@gmail.com).

**Ongoing Initiatives**

- **Fresh fruit Initiative:** Donate fresh fruits for the babies to take home at each event.
- **Star's Corner Read & Shine Rally:** Encouraging the babies to read and write. Donate your gently used books for the babies.
- **Walk/Run Initiative:** Get up and move by yourself or with a partner.



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